

# **Health, security and wellbeing in the North**

## **Course description**

**Responsible:** Prof. Arja Rautio, Centre for Arctic Medicine, University of Oulu, Finland

### **Teachers:**

Dr. Gert Mulvad, Health Research Board Greenland

Prof. Andrey Soloviev, Northern State Medical University, Russia

Prof. Vappu Sunnari, University of Oulu, Finland & Luleå Technical University, Sweden

Prof. John Moore, University of Lapland & University of Oulu, Finland

### **Contact information:**

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**Duration:** January 21<sup>st</sup>, 2010 – April 4<sup>th</sup> 2010

**ECTS:** 6

**Assessment:** written examination, Pass/Fail

Main themes of the course are global/climate change, household and gender issues, health and well-being, dietary factors – food change – effects on health, risk factors, inequality and violence, social and health status changes and, health prevention.

### **Learning outcomes:**

Students will learn the current characteristics of health, security and well-being in the Circumpolar North and their backgrounds. They will understand future challenges of health, security and well-being in the Circumpolar North in the context of globalization, and have learned some means to deal with them and are motivated and capable to seek means to increase health, security and well-being.

### **Teaching methods:**

-on-line key note lecturers

-questions and assignments during the course (incl. essays)

### **Literature:**

-will be given by teachers